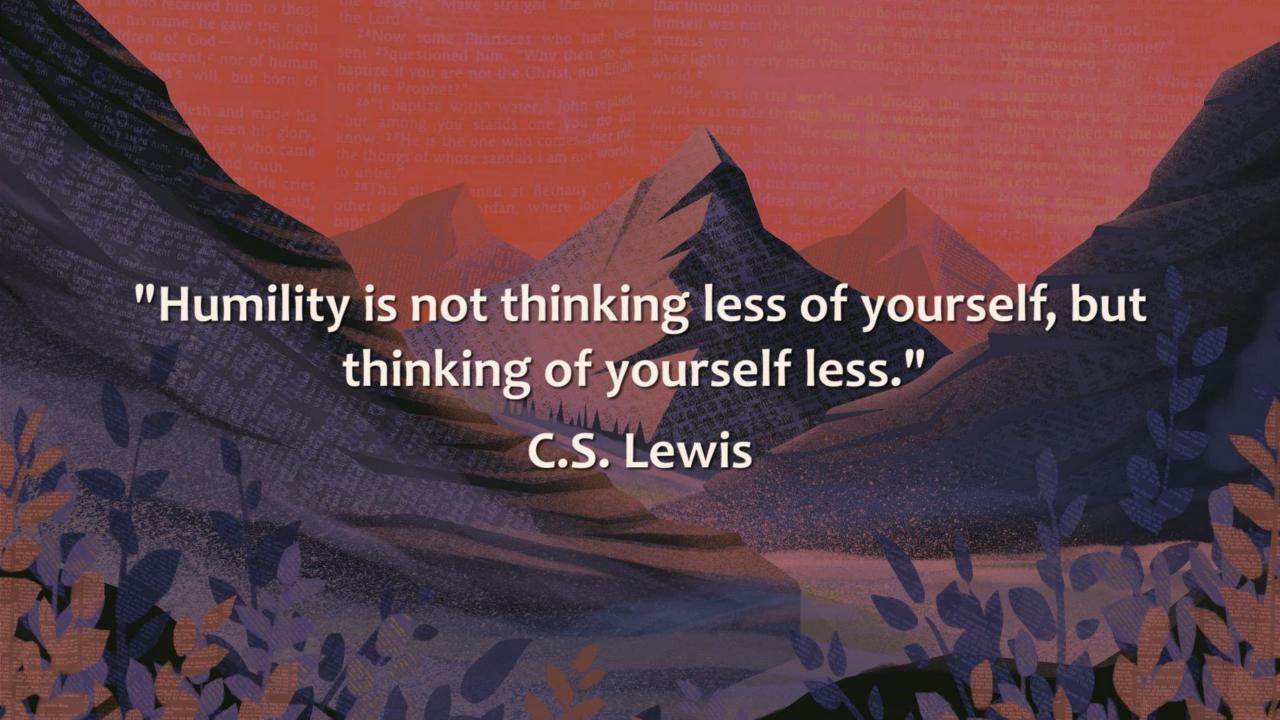


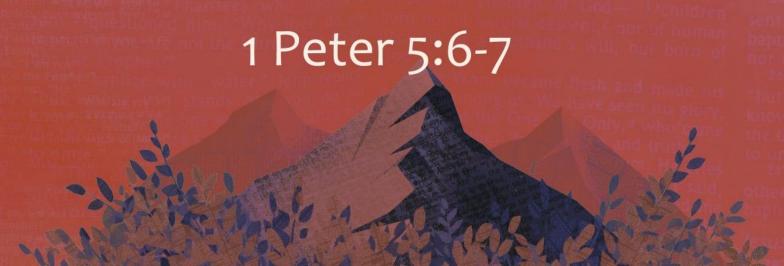
Clothe yourselves, all of you, with humility toward one another, for "God opposes the proud but gives grace to the humble".

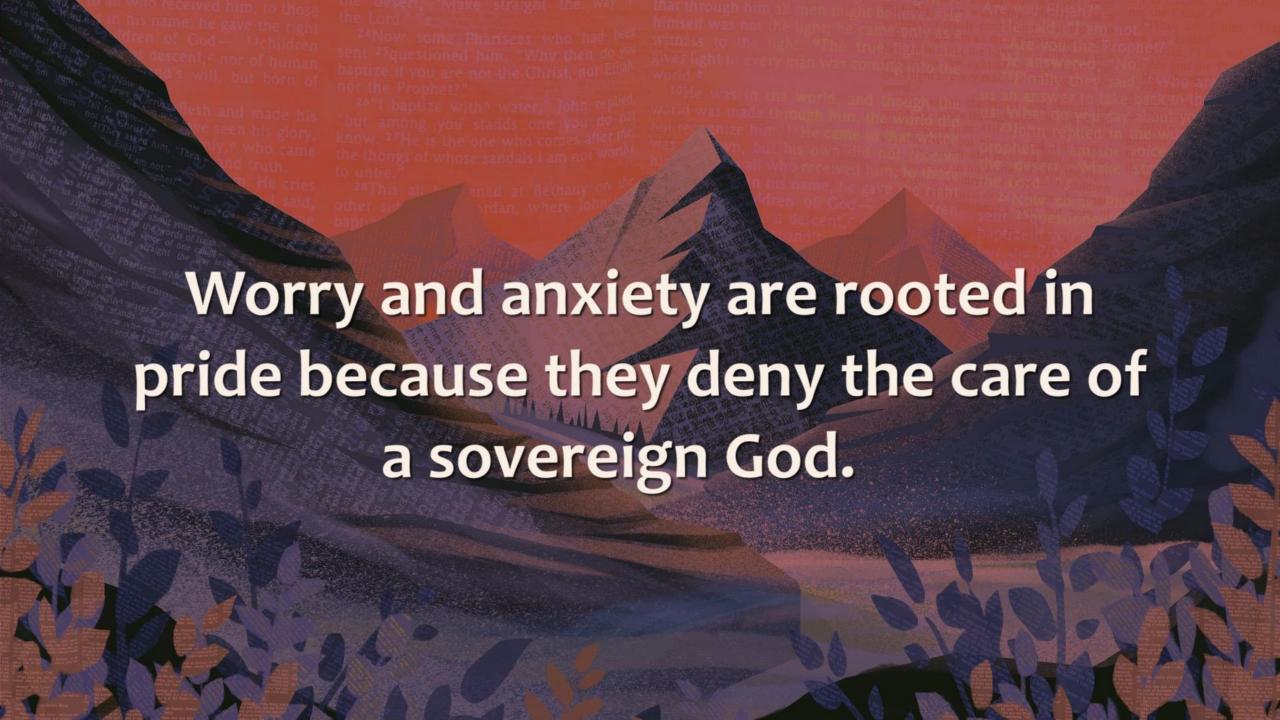
1 Peter 5:5b

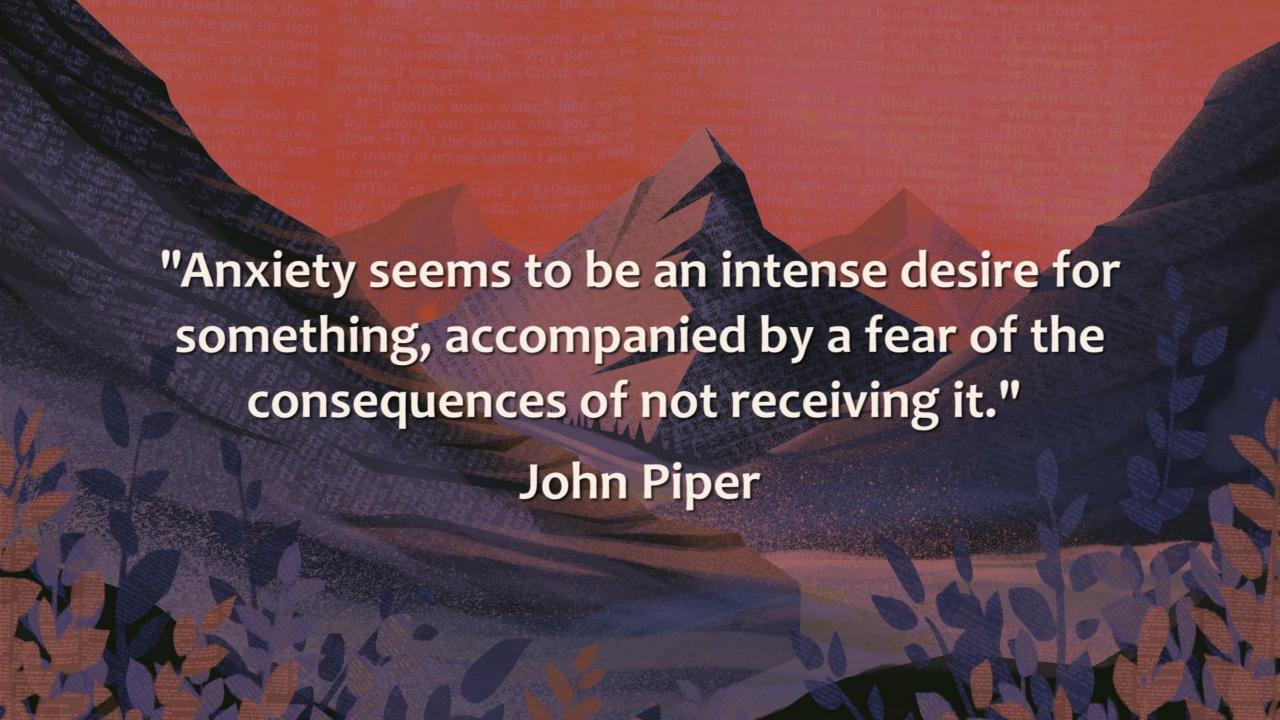




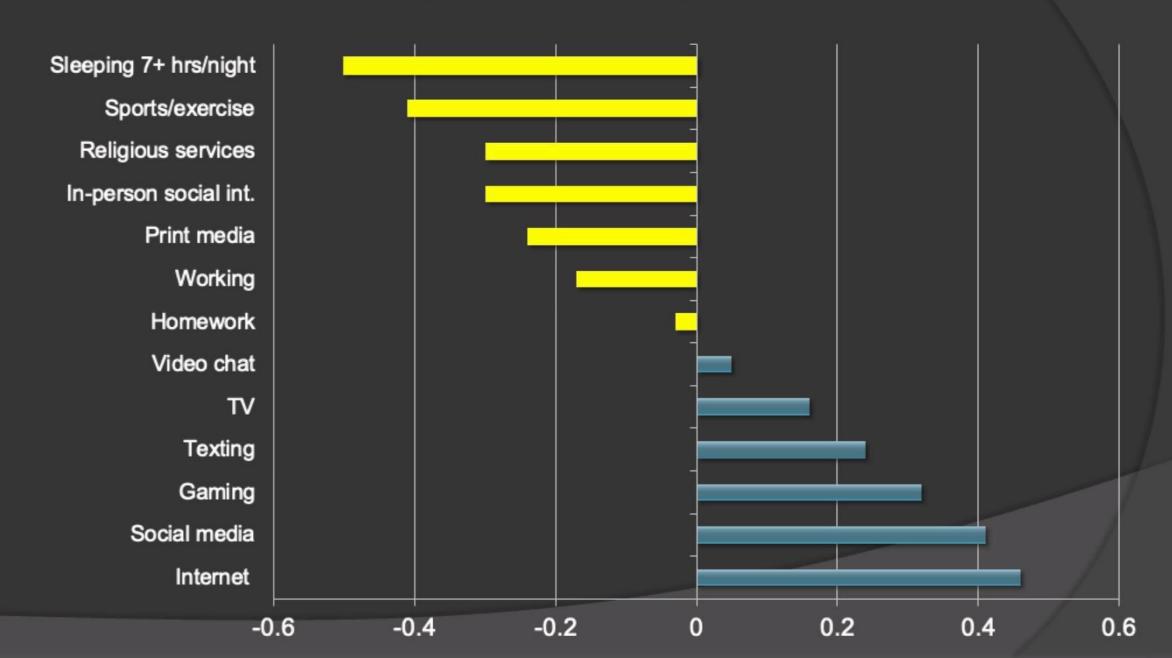
Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.







Relative risk of unhappiness: 10th graders



... casting all your anxieties on him, because he cares for you.

1 Peter 5:7

How do we cast our anxieties on God? - right living

How do we cast our anxieties on God? - right living

"What you have learned and received and heard and seen in me-practice these things, and the God of peace will be with you."

Philippians 4:9

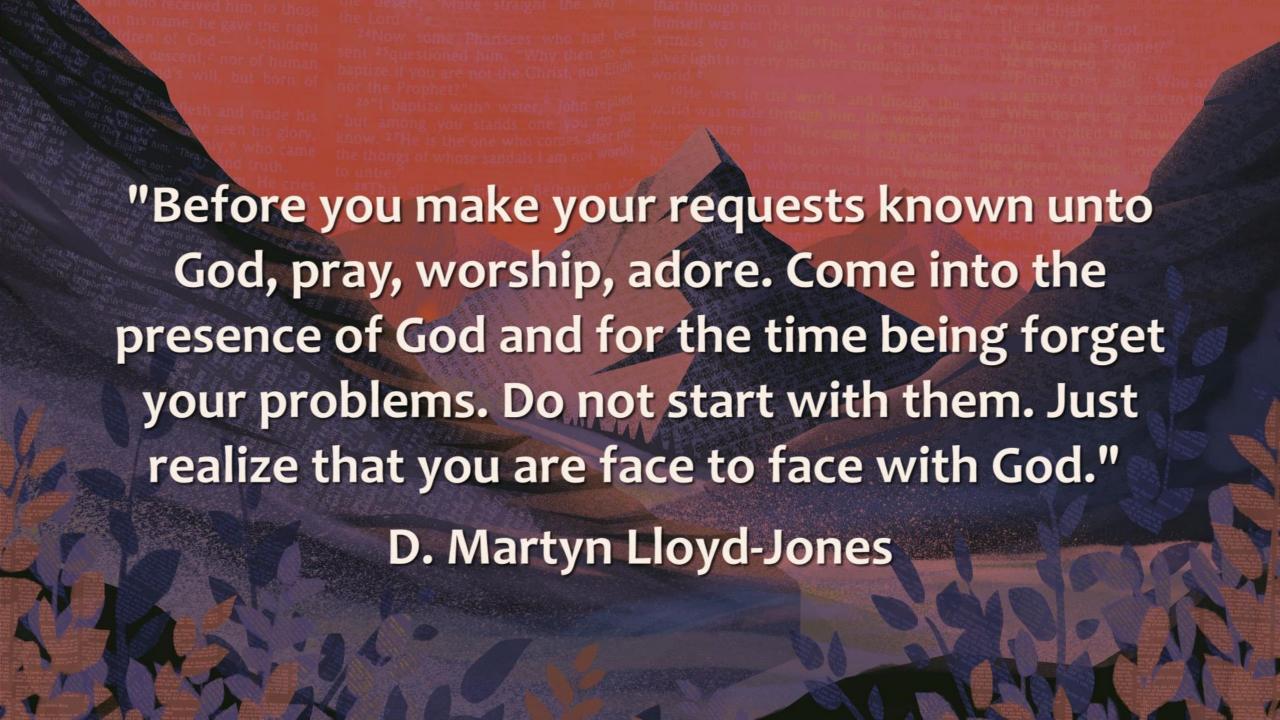
How do we cast our anxieties on God? - right praying



How do we cast our anxieties on God? - right praying

"... do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."

Philippians 4:6



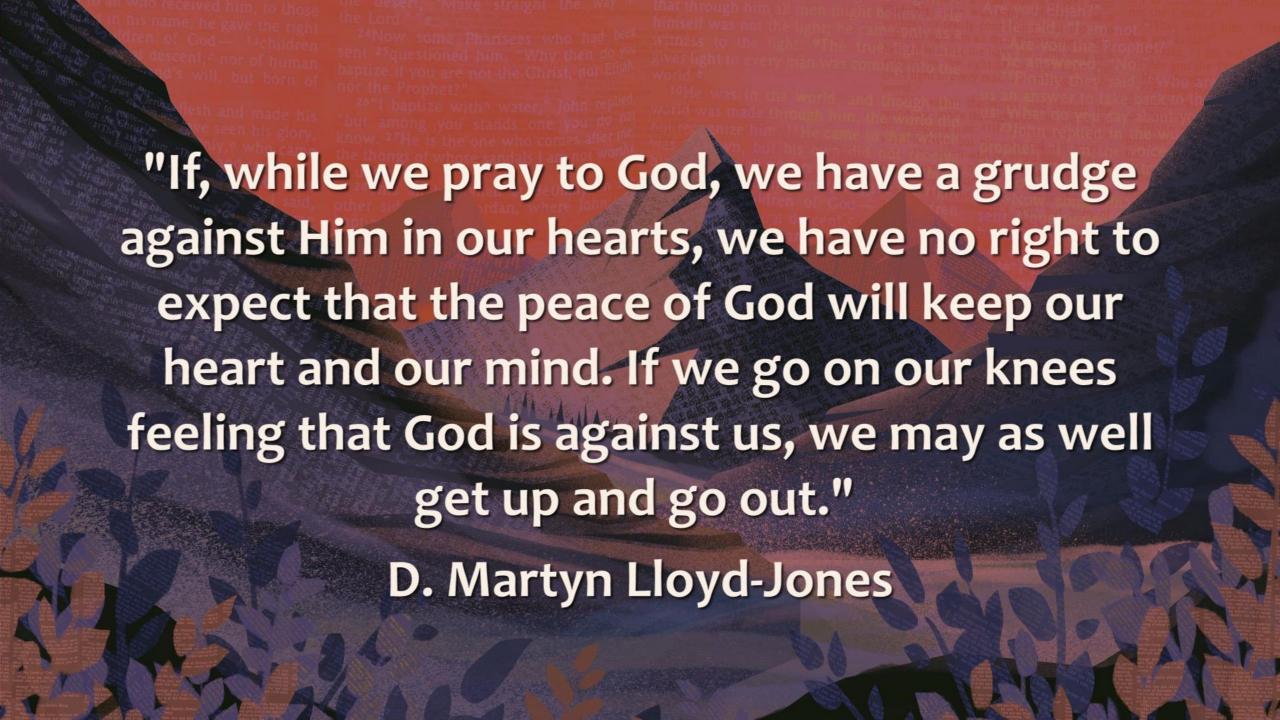
How do we cast our anxieties on God? - right thinking



How do we cast our anxieties on God? - right thinking

"... casting all your anxieties on him, because he cares for you."

1 Peter 5:7



Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.

1 Peter 5:8









Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. To him be the dominion forever and ever.

Amen.

1 Peter 5:9-11

By Silvanus, a faithful brother as I regard him, I have written briefly to you, exhorting and declaring that this is the true grace of God. Stand firm in it. She who is at Babylon, who is likewise chosen, sends you greetings, and so does Mark, my son. Greet one another with the kiss of love. Peace to all of you who are in Christ.



