

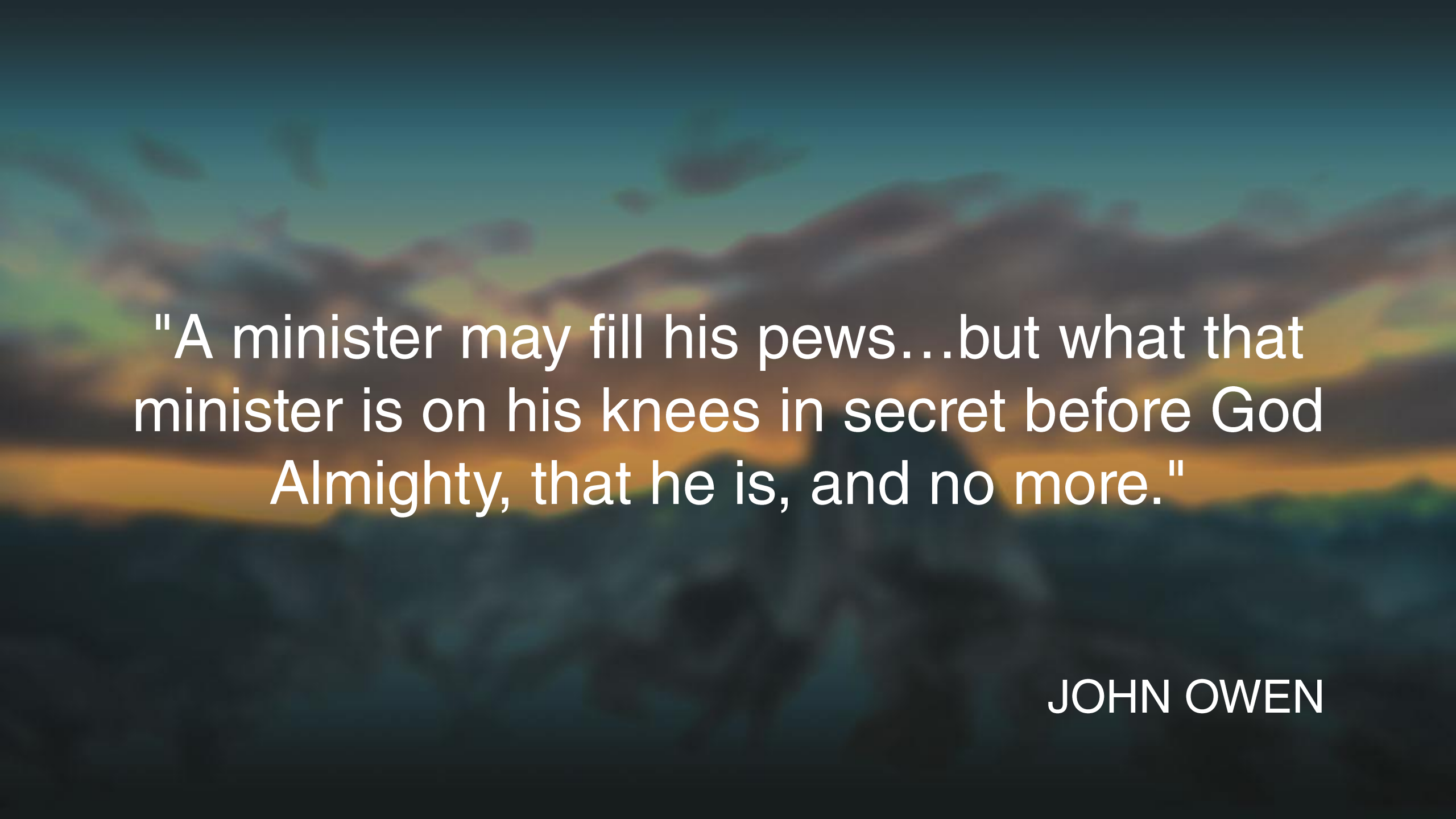
Teach us to

PRAY



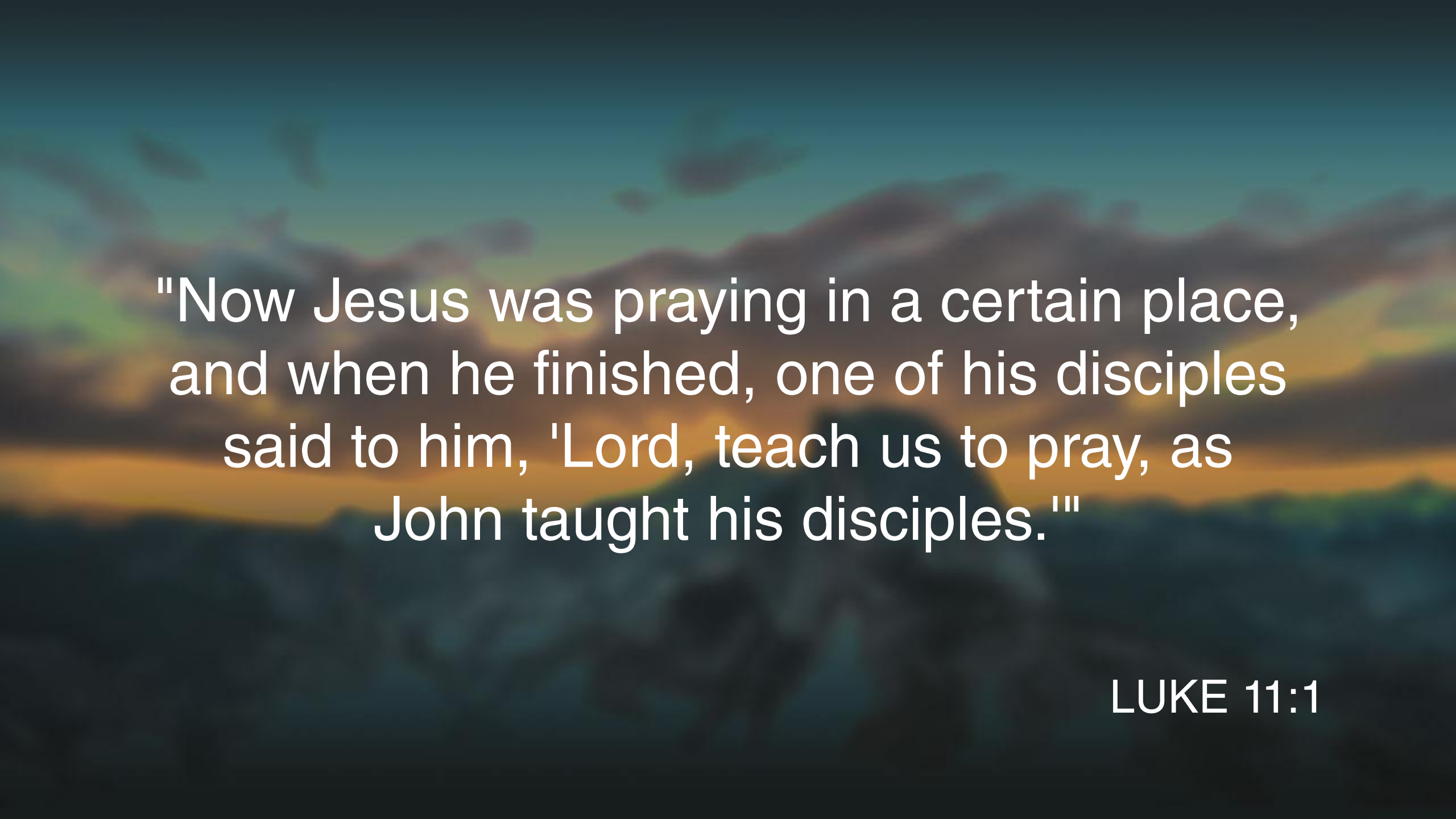
The background image is a blurred landscape featuring a range of mountains under a sky with soft, colorful clouds. The colors transition from a deep blue at the top to a warm orange and yellow near the horizon, suggesting a sunset or sunrise scene. The mountains in the foreground are dark and out of focus, creating a sense of depth.

THE MOVEMENTS OF PRAYER



"A minister may fill his pews...but what that minister is on his knees in secret before God Almighty, that he is, and no more."

JOHN OWEN



"Now Jesus was praying in a certain place,
and when he finished, one of his disciples
said to him, 'Lord, teach us to pray, as
John taught his disciples.'"

LUKE 11:1



THREE MOVEMENTS OF PRAYER UPWARD

UPWARD

"I think we delight to praise what we enjoy because the praise not merely expresses but completes the enjoyment. The delight is incomplete until it is expressed."

C.S. LEWIS

UPWARD

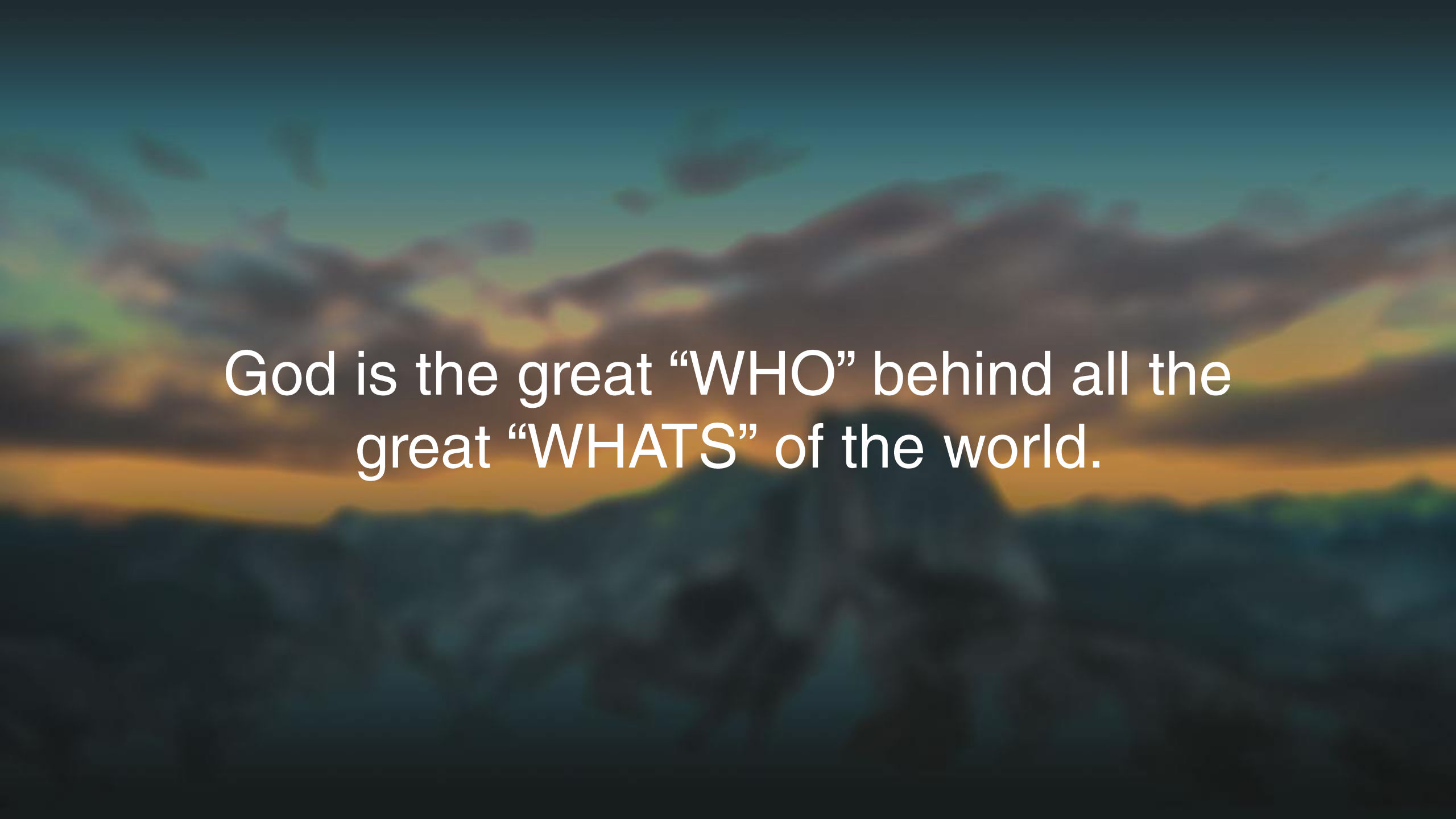
"Praise the Lord! Praise the name of the Lord,
give praise, O servants of the Lord, who stand
in the house of the Lord, in the courts of the
house of our God! Praise the Lord, for the Lord
is good; sing to his name, for it is pleasant!"

PSALM 136:1-3

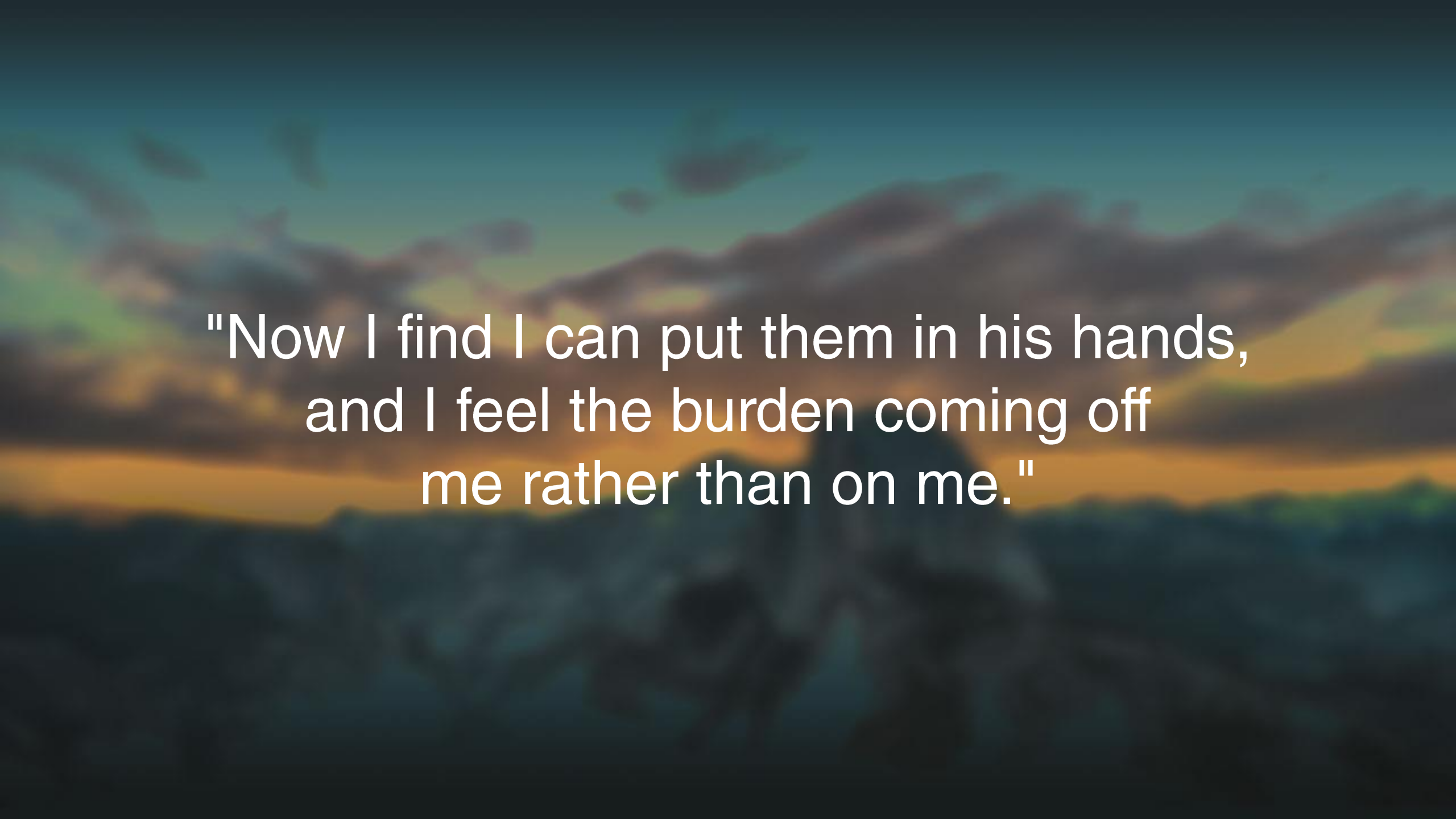
UPWARD

"For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened."

ROMANS 1:21



God is the great “WHO” behind all the
great “WHATS” of the world.



"Now I find I can put them in his hands,
and I feel the burden coming off
me rather than on me."



THREE MOVEMENTS OF PRAYER INWARD

INWARD

"Only when we see both the freeness and the cost of forgiveness will we get relief from the guilt as well as liberation from the power of sin in our lives."

TIM KELLER

INWARD

"For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death."

2 CORINTHIANS 7:10

INWARD

"We begin by admitting the sin for what it is, but then secondly, we forsake it, rejecting and repudiating it. This is to adopt a right attitude towards both God and the sin itself."

JOHN STOTT

The background of the image is a dramatic sky at sunset or sunrise. The sky is filled with dark, heavy clouds that are illuminated from below by a warm, golden light, creating a gradient of colors from deep blue at the top to bright orange and yellow near the horizon. In the foreground, there is a dark silhouette of a person, possibly a woman, with their arms raised in a gesture of prayer or praise. The person's head is tilted back, and their arms are extended upwards, blending into the dark clouds. The overall mood is contemplative and spiritual.

THREE MOVEMENTS OF PRAYER OUTWARD

OUTWARD

"We prayed to our God and posted a guard day and night to meet the threat."

NEHEMIAH 4:9



God has a sovereign plan, but part of
his plan is that we pray.

OUTWARD

"Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. If you ask me anything in my name, I will do it."

JOHN 14:13-14

OUTWARD

"God will either give us what we ask or
give us what we would have asked if
we knew everything he knew."

TIM KELLER

OUTWARD

"And he told them a parable to the effect that they ought always to pray and not lose heart."

LUKE 18:1